

First Alternative  
NATURAL FOODS CO-OP



June 2020



6 ft. social distance  
.....  
for safety & health

Thank you!

Temporarily reduced hours  
**9 am - 7 pm**



From the  
Board of  
Directors  
**Richard  
Cunard**



## Board of Directors Election Special Election info & candidate profiles inside!

Hello all. I hope everyone is managing to stay happy and healthy. After canceling the March Board meeting due to the quarantine orders, we were able to reconvene over the internet for our meeting in April, and it looks as though this will be how the Board and its committees will meet for the foreseeable future.

After reviewing committee notes, the Board reviewed reports from the General Manager regarding how the stores have been affected by the governor's Stay Home, Save Lives executive order.

As is to be expected, both stores have had to significantly adapt to the current situation. Our marketing team has been working hard to develop new signage for our stores in order to encourage social distancing and communicate how the Co-op is addressing the quarantine. At the same time, management is working to find additional ways to support employees while hours are reduced, as well as provide those working supplies such as face masks.

Following this, the Board reviewed GM reports on community interaction and financial planning, the Finance Committee's report regarding annual Owner Patronage Dividend, and the Board's policy governance. Additionally, Jim Smith provided a presentation on general methods for

the Co-op to raise capital, and how those methods relate to different long-term decisions that the Board might make for the Co-op. Finally, the Board Recruitment and Elections Committee (BREC) discussed candidates for the upcoming Board elections.

Throughout April, BREC met with four prospective candidates for the upcoming Board election, Dana Monroe, Lino Rauzi, Jeff Schiminsky, and Zach Starker. With the Board's approval, the committee elected to endorse all four candidates, who will be running alongside incumbent Board member Camille Freitag. I would like to say that I am extremely happy to have so many people running for the Board.

Encouraging the participation of our Owners has been one of my personal goals for several years, and it has been very encouraging to see more and more people seek out roles within the Co-op leadership, especially given that there have been years with fewer people running than there were open seats.

I think it's very important for the health of the Co-op that these elections remain competitive and hope this remains the trend for future elections. To this end, I am also pleased to announce we will be using online voting again for this election, and for all others going forward.

While voting by mail is still an option for Owners who prefer it, I believe providing an electronic option will make voting easier and more accessible for a significant portion of our Owners, which will hopefully translate into a greater turnout for this election.

With all that is happening, I hope our community is staying healthy and safe. I'm genuinely proud to see how First Alternative has been addressing the current situation and hope to see more businesses and organizations follow its example.

Furthermore, I want to encourage everyone to try to stay connected and active. While it may seem like that can't be done right now, I would like to remind everyone that Board meetings are still open to Owner comment, and committee meetings are open for Owner attendance. If you are interested in commenting at a Board meeting or attending a committee meeting via virtual conferencing, please send an email with your request to [faboard@peak.org](mailto:faboard@peak.org) along with your name and Owner number, and we will contact you with the details for connecting to the meeting. 🍏



For everyone's safety, all customers are expected to wear a face mask in the store. **Thanks for your cooperation and support!**

**Let us shop for you**

**PICK-UP  
& DELIVERY**

Visit [firstalt.coop/order](http://firstalt.coop/order)  
for all the details

For a complete list of changes at the Co-op, visit [firstalt.coop/COVID-19](http://firstalt.coop/COVID-19)

# May Classes & Events

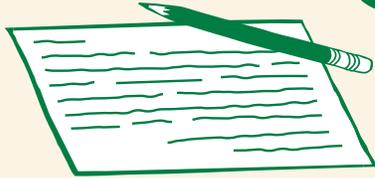
Wednesday, June 5, 4-5:30 pm

Zoom online

## Self Care Class: Acupressure, Movement & Lifestyle

**Free, donations to the South Corvallis Food Bank are appreciated** • Learn simple but potent points to hold on yourself or loved ones, as well as easy movements and lifestyle suggestions to support healthy living. Please R.S.V.P. and if you'd like, submit questions about health concerns to [beeara@beeara.com](mailto:beeara@beeara.com), (541) 752-1997. 🥄

## Owner Mail Call



**Dear Co-op Owners,** We'd like to hear from you! Questions, comments, great notions... Send us letters and we'll publish what we can every month in The Scoop. Not all letters will be published, but we'll do our best! Letters over 250 words will be edited for length. All letters are subject to editing for spelling, grammar, and clarity. Letters should include author's name, Owner number, and contact information. Contact info won't be published. Opinions are not necessarily supported by Co-op, Board, staff, or Owners. Email letters to: [scoop@firstalt.coop](mailto:scoop@firstalt.coop) or mail them to 1007 SE 3rd St., Attn: The Scoop. Deadline for submissions is the 15th of the month prior to publication. 🥄

## Attention Owners

Is your email address up-to-date with us?

With the introduction of electronic voting, you can now receive your ballot via email! Electronic voting is quick, easy, and secure.



**Please make sure your email address is up to date with your cashier or at Customer Service.**

Scan this QR Code with your smart phone to join our email lists.



Follow us on Facebook, Instagram, or Twitter for news, recipes, and special offers.



*Due to the circumstances, we will not be publishing community calendars this month. Thanks for understanding.*



## A Special Message From the Board of Directors

First Alternative is controlled by you, the Owner. First Alternative Owners are consumers who give input and make decisions about the store, its philosophy, products, and services. One way you can influence decision-making is to elect Board candidates who support your ideas.

The Board Recruitment and Election Committee prepared this Election Special especially for you. This committee endorses, as nominees, interested Owners who have the experience and skills needed to guide our \$19 million local business.

The First Alternative Board of Directors is responsible for directing the Co-op's affairs.

### As representatives of the Owners, the Board:

1. establishes overall policies and objectives
2. sets financial goals and approves major financial transactions
3. selects the General Manager and evaluates his/her performance
4. reviews and approves budgets
5. guides the long-term vision of the Co-op through its Ends statements.

Presented on the following pages are candidates nominated by the Board Recruitment and Election Committee to run for open Board positions beginning in July. Please read the candidate information carefully before exercising your right as an Owner to elect new Board members.

## Please cast your ballots online or in the store before close of business on June 21st

The current First Alternative Board of Directors appreciates your participation in this election.

For information on electronic and paper voting, see "Board Election Voting Procedures" on the back page.



## Meet your candidates

  
**50<sup>th</sup>**  
**First Alternative**  
Natural Foods Co-op





**Incumbent**

**Camille Freitag**

### **CANDIDATE STATEMENT**

I first joined First Alternative Co-op in the early 1980s, where I performed a series of what were then considered “volunteer jobs” in the store, from cashiering to mopping the floor. When those jobs had to be discontinued as voluntary positions, I still wanted to be involved, so I ran for the Co-op Board. After serving two terms, including two years as president, I retired. The Board then asked me to come back to serve out a vacant term, and I am now running for my 4th term. I love the idea of a cooperative economy and owning a store with my neighbors, and I have really enjoyed serving on the Co-op Board of Directors. I would appreciate the chance to serve again, especially as we face these unique challenges and new opportunities.

#### **Education and Certification:**

Master’s degree in Botany and Plant Pathology from Oregon State University

#### **Present Occupation:**

Retired from managing a research lab at Oregon State University

**Business Experience:** Managerial experience (supervising employees, maintaining inventory and supplies and liaising with clients) as the manager of a research laboratory at OSU. Volunteer experiences through the Co-op (detailed below.)

#### **Community Involvement:**

Volunteer at the Corvallis-Benton County Library and Friends of the Library; League of Women Voters Board of Directors, including serving as chair of the Voter Services Committee; Member, then Owner, of First Alternative Co-op, first as weekly volunteer, then serving as a Board member and as Board secretary. Lately, sewing masks for the Corvallis Sewing Brigade.

### **CANDIDATE INTERVIEW**

**Why do you think Owners should select you to represent them on the Board?** I have served on the Co-op Board through some tough times before, including the 2008 recession, which happened right as we took on debt to expand the North Store, so I have some experience to rely on in the times to come. The Board recently revised the Co-op’s Ends, which are the effect we want to create in the world. During that process we learned that there are ways to eliminate redundancy and streamline other policies to reduce the workload on the Board and General Manager. I chair the group working on this, and hope you will give me the opportunity to see it through to completion.

**What opportunities and challenges do you see ahead for the Co-op?** The immediate challenge is continuing to run a viable grocery store during a pandemic and a recession. Longer term, there are some opportunities and challenges for the South Store. There will be a new town center with a grocery store in South Corvallis as a result of the Urban Renewal District. The Co-op can either be that store or compete with it.

**What is the role of First Alternative Cooperative in the community?** Our Co-op and all its staff, from the General Manager to the Owner-Workers, were essential before this pandemic. By providing a consistent market for even the smallest producers over the last five decades, First Alternative has played a large role in establishing our local food supply chain. As a result, our community is more resilient in the face of a faltering national supply chain. It’s also the place to go to keep your dollars circulating locally, while buying the highest quality food and wellness products.

**What long-term goals do you envision for First Alternative?** First and foremost is always to be a thriving business. Without income, we can’t accomplish any other goals. We need to be able to take advantage of any opportunities that come out of the South Corvallis Urban Renewal District in particular, as well as to continue to find ways to serve all members of our community throughout the area.



**Board endorsed**

**Dana  
Monroe**

## **CANDIDATE STATEMENT**

My interest in serving on the First Alternative Co-op Board of Directors lies in equity and accessibility for all people in our community who wish to access fresh and 'clean' food. As a mother, teacher and community member, I believe that all members of our community should feel that the Co-op is available to them as a source of nourishment and education. As South Town develops, the Co-op will need to adapt to a more competitive market that offers safe routes for cars, bikes, and pedestrians. I would like to help both the North and South Co-op have the ability to serve all of our community. Additionally, I am committed to public service and believe that one must give back and work together with neighbors to achieve what is best for all and serving on the Board is a great place to do that.

## **CANDIDATE INTERVIEW**

**Why do you think Owners should select you to represent them on the Board?** I think that Owners will appreciate how much I value the Co-op as part of our community. I believe in the longevity of their role in our community and I will work to ensure that the Co-op remains a source of health and education in our lives.

**What opportunities and challenges do you see ahead for the Co-op?** The Co-op has opportunities to promote local vendors and educate the community about food so members can make an educated decision about their well-being. A challenge for the Co-op is making both stores accessible to the whole community. This can be done through outreach and community education. We are an image-based society so the Co-op must present itself as a store for all types of shoppers.

**What is the role of First Alternative Cooperative in the community?** The role of the First Alternative Co-op in our community is to provide local organic food at a competitive price. We all know that the Co-op is so much more. It is also a gathering place, a restaurant, and a place to catch up with neighbors. That is why it is important for the Co-op to remain a part of our community in both the north and south areas of our city.

**What long-term goals do you envision for First Alternative?** The most important long-term goal I envision for First Alternative is to be accessible to all people. I would like to see the Co-op use a more educational approach to help reach the wide socioeconomic diversity that we see in our city. Additionally, the Co-op must remain competitive with their pricing while maintaining sustainable operational costs.

### **Education and Certification**

- A.A.: Photojournalism; Endicott College, Mass., 1996
- B.A.: Art Education, minor in ceramics; Colorado State University, 2006
- M.Ed.: Education, K-12 Reading Endorsement; Western Oregon University, 2011

### **Present Occupation**

Elementary Art Teacher

### **Business Experience**

I have created several small businesses concerning small batch food and art production. I manage two large classroom budgets. Before returning to school to earn my teaching license, I worked as a graphic artist and helped create an online marketplace.

### **Community Involvement**

I currently teach in two schools, Lincon Elementary and Jefferson Elementary, which represent two different demographic areas, thus allowing me to experience our community in a unique way. I also volunteer as a coach for AYSO. I was a member of S.H.A.R.E. (Southtown Harvest and Resource Exchange). I currently head the Green Team at Lincoln School where I facilitate student engagement in sustainability efforts for our school and local community. I was part of an artist team that helped paint two South Town street murals, one for Open Streets 2019 and one with the Community Empowerment Grant. I was also part of an artist team for Envision Corvallis 2063, to help promote ideas and concepts through art.



**Board endorsed**

**Lino  
Rauzi**

## CANDIDATE STATEMENT

I am a former employee of First Alternative in the maintenance department. I began as a custodial worker and recycler; in the latter half of my employment I stepped into positions of management. In these roles I worked closely with the administrative team on planning, budgeting, and implementing store maintenance and improvements. I believe my experience, and operational perspective to be valuable and compatible with the role of board member. Furthermore, I commit to thoroughly consider, and be a voice for, the sentiments of Owners. This is our Co-op, and I take it as my responsibility to be a representative for our goals.

### Education and Certification

B.S. Mathematics and B.S. Geological Sciences,  
University of Minnesota Duluth, 2018

### Present Occupation:

Self-employed gardener/landscaper;  
cooperative homesteader

### Business Experience:

Former manager at First Alternative, 2019

### Community Involvement:

Work trade with local farmers for their produce and products.

## CANDIDATE INTERVIEW

**Why do you think Owners should select you to represent them on the Board?** Owners should select me to represent them on the Board because I intend to do just that. First Alternative does not belong to the Board or to management; First Alternative belongs to us, the Owners. I seek to serve as a check in the system and query: "What would our fellow Owners think of this? Perhaps we should ask."

**What opportunities and challenges do you see ahead for the Co-op?** It goes without saying that the great challenge facing the Co-op in the immediacy is the reality and future of COVID-19. First Alternative must consider the long-term economic and social impacts this pandemic will have on the low-wage worker, those dependent on others for care, and the now unemployed, in all decisions moving forward.

More generally, I believe the great challenge any cooperative faces is that of treating opportunity with caution, keeping true to the seven cooperative principles, and wholeheartedly rejecting opportunism.

**What is the role of First Alternative Cooperative in the community?** Foremost, the role of First Alternative in the community is to be a cooperative grocery store that offers a diverse selection of responsibly sourced products (organic and local whenever possible) at a price that puts the most disadvantaged in the community first.

Second, with public meeting rooms and indoor/outdoor eating areas at both locations, First Alternative functions as a community center, bringing local residents together to eat, craft, play, discuss and collaborate.

Third, First Alternative South Store is a neighbor to the men's cold weather shelter, and other areas often occupied by the unhoused. This proximity demands that First Alternative champion respect for these community members, many of whom depend on South Store for food and facilities.

Finally, as a business operating under the cooperative model, First Alternative ought to show solidarity for the efforts of community members who seek to improve their station. Cooperation must be extended to other cooperatives in order to strengthen our local network of support.

**What long-term goals do you envision for First Alternative?** I hope to see our Co-op seek out Owner participation in all major decisions and always prioritize community over capital.



## Board endorsed

# Jeffrey Schiminsky

## CANDIDATE STATEMENT

I have lived in this community for over 15 years and this is home to my son and me. During this time, I have been connected with the Co-op directly as an Owner, as well as sharing in the belief of doing what is best for the people, the producers, and the earth. I have seen the Co-op grow, struggle, and re-establish itself as a much-needed and important organization. I have worked in parallel with the Co-op in outreach and advocacy for sustainability, recycling, earth friendly food production, and giving opportunities to people with disabilities. I have the vision, the experience and the drive to keep current the momentum of the Co-op's success while offering new ideas and ways to improve and increase ownership by making the Co-op and its brand more accessible to the larger community.

## CANDIDATE INTERVIEW

**Why do you think Owners should select you to represent them on the Board?** I have been active in the community for a long time promoting principles akin the Co-op's. I have the vision and drive to do what is best and right for the community. I have a multi-disciplinary background and experience that allows for an understanding of all the components of the Co-op. My experience with non-profits gives me key insight to the responsibilities of board members: accountability and activity through sound leadership.

**What opportunities and challenges do you see ahead for the Co-op?** As of today, dealing with the COVID-19 pandemic correctly to protect the workers, staff, Owners, and distributors as much as possible.

With the population growth of Corvallis and surrounding areas, I see an opportunity to expand the principles of the Co-op while increasing ownership. The challenge would be if a larger name-brand grocery store is built in south Corvallis. There will always be the challenge of keeping a step ahead of the competition, so the Co-op will need to be consistently offering the best service and products at a value that is second to none in the area..

**What is the role of First Alternative Cooperative in the community?** To lead recycling efforts, waste prevention, energy use, alternative transportation, support local producers and, most important, offer the best selection of grocery and other products. To promote a healthy and high quality of life that is accessible to all in the community.

**What long-term goals do you envision for First Alternative?** Promoting and growing the Co-op brand name by expanding delivery to a greater area. Property and expansion to the outer edges of the county, perhaps to North Albany or Philomath. I would like to see the Co-op have a farm to educate, train, and produce food while still relying on independent farms. This could increase production that will be needed for future population growth without relying on resources that come from out of the area or state.

## Education and Certification

Bachelor's degree in Integrative Studies, minors in Political Science and Psychology; Eastern Oregon University, June 2020.

State of Oregon Certified Employment Specialist and Certified Return-to-Work Specialist. Certified in CPR and First Aid. Master Recycler certificate.

## Present Occupation

Self-employed (contracted): Job developer, workforce rights advocate and policy analyst.

## Business Experience

- BlueSun Inc., Corvallis (2017-2020): Job developer for people with disabilities, personnel manager, billing, audits, business networking, outreach and education.
- Natural Opus, Philomath (2008-2015): Founder and president of non-profit environmental protection organization monitoring pollution. Developed an air monitoring program in South Corvallis that found high levels of pollutants which led to permanent air monitoring. Created by-laws, program development, education and outreach; responsible for finances and taxes.
- Buchanan Family Farms and Tye Wine cellars, Corvallis (2008-2015): Farm foreman, assistant to winemaker. Vineyard work adhering to Salmon Safe requirements, harvesting, crush, fermenting, bottling, and tending wine tasting room.
- Your Green Home, Corvallis (2005-2008): Retail sales of environmentally sensitive home and building supplies, customer service, outreach and education.
- SunLife Financial, Minneapolis, MN (1999-2002): Senior sales representative and business development in aggregate insurance, as well as large (100 employees+) group short-term and long-term disability and life insurance policies. Educated human resource managers on how to install programs and operate group benefit processing.
- Farmers Co-op, Culpeper, VA, 2006 - 2016

## Community Involvement

Corvallis Boys and Girls Club (2018 and 2019): first- and second-grade basketball coach.

Master Recycler (Class of 2006): Organized recycling team at Benton County Sheriff Foundation's Chili Cook-Off (September 2019), diverting 200+ pounds of compostable and recyclable material from the landfill.

Corvallis Sustainability Coalition (2010-2015): representative and team leader of health and human services.

SiliconBox, Corvallis (2019-Present): Vice president of board of directors at non-profit teaching STE(A)M (Science, Technology, Engineering and Math) to underserved youth.

Toxic Air Alliance (2009-2015): Benton County representative.



## Board endorsed

# Zachary Starker

## CANDIDATE STATEMENT

As a passionate member of the First Alternative Co-op for the past 12 years, I want to give back to our members and the community by becoming a board member. I am very grateful for the community we live in and our access to organic local food that can be found in a member owned market. I have experience in company branding and visual communications and would use those skills to help the board shape the future vision and direction of our Co-op. I also have extensive experience working independently and collaboratively with others to complete long term projects. With these skills and my passion for health and wellness, I would be an asset to the Co-op board.

## CANDIDATE INTERVIEW

**Why do you think Owners should select you to represent them on the Board?** As a board member, I would work to keep the Co-op a place to purchase high quality products and maintain its involvement in the community. Our local area is very lucky to have an owner-based grocery store that is operated ethically and responsibly while looking out for its community. My experience in civil engineering and graphic design has cultivated skills in process-based decision making, planning, design, organization and attention to detail. These skills, combined with a passion for health and wellness and a love for our community, would make me an asset to the Co-op board.

**What opportunities and challenges do you see ahead for the Co-op?** As our area grows, the Co-op has an opportunity to reach out to more people and educate around the importance of supporting our local economy. In addition to carrying quality products, the Co-op is involved in our community, working to support local businesses and educate around health and wellness. Our community as a whole has the opportunity to thrive and grow when dollars are kept local. The Co-op has a unique operating model that puts it in a position to be a leader supporting the local economy.

As communities change and grow, the Co-op needs to keep up, by staying modern and relevant, yet rooted in its mission and vision. To be a community leader, it is important that the Co-op stays proactive and visible to the community and its members.

**What is the role of First Alternative Cooperative in the community?** The role of the First Alternative Co-op is to act ethically and responsibly towards its members and community. This means providing healthy products from our local area farms and manufacturers, being present at local events and supporting the health of our community by being environmentally sensitive.

**What long-term goals do you envision for First Alternative?** First Alternative Co-op will continue to grow, upholding its mission. The Co-op's involvement in the community will need to adapt and change as our community does. Even in a competitive market, where products might be similar, First Alternative's commitment to the community and being a member-owned store is what will set us apart, and that is what we should focus on.

### Education and Certification

- B.S. Civil Engineering with an Environmental Emphasis, University of Portland; 2003
- Associate of Applied Science in Graphic Arts from Linn-Benton Community College; 2011

### Present Occupation

Owner of Starker Designs LLC, a graphic design and illustration company; Corvallis

### Business Experience

- Owner of Starker Designs LLC ; 2008- Present
- Civil Engineer Designer at Otak, Inc., Bend; 2003-2008
- Civil Engineering Surveyor at Briggs Engineering, Boise, ID; 1999-2002

### Community Involvement

- Active Volunteer at the Corvallis Waldorf School
- Drawing Facilitator at the Art Center
- Central Oregon Trail Alliance; Black Rock Mountain Bike Association, Team Dirt



# BOARD ELECTION VOTING PROCEDURES

**Please read completely before completing your ballot**

A full First Alternative Board of Directors is composed of ten directors elected to three-year terms, with either 3 (three) or 4 (four) positions coming up for election each year. One-year or two-year positions are sometimes open due to resignations, or because all positions were not filled in a previous year. This year, there are 3 (three) three-year positions open on the Board.

Owners may vote for up to, but not more than 3 (three) candidates. This total of 3 (three) includes votes for write-in candidates as well. Ballots with votes for more than 3 (three) candidates will be declared invalid.

The 3 (three) candidates receiving the 3 (three) highest vote totals will fill the 3 (three) three-year positions. Candidates must receive a minimum of twenty votes to be elected.

Owners will be able to cast votes at any time up to and including June 21. Voting will close at the end of business hours on that day. Each Owner is entitled to cast one ballot and one ballot only with his or her individual Owner number. Household members may be listed under an Owner number, but only one person is the Owner for the purposes of voting. This means that each Owner number may be used only once in voting and it must be used by the Owner of record. This complies with the First Alternative bylaw requirement that each share purchased entitles the Owner to one vote. Contact Customer Service if you are unsure which family member is the Owner of record.

You will receive an email on June 1 which will enable you to

access your electronic ballot unless you have opted to receive paper ballot in the mail. You can request to have a paper ballot mailed to you in the future by filling out an "Update Contact Info" form at any register. Extra ballots and envelopes can be obtained from Customer Service in both stores. A plain envelope may be substituted for the preprinted envelope.

### **Must have on envelope (not on ballot):**

- ✓ **Your Owner number**
- ✓ **Your name, printed clearly**
- ✓ **Your signature**

This information is used to verify your Owner status. If this cannot be verified, your ballot will not be counted. Do not put any of this information on your ballot! Envelopes will be separated from ballots after Owner status is verified.

There will be ballot boxes in both stores where marked ballots may be deposited. Alternatively, you may mail your ballot to:

**Election Committee  
PO Box #1245  
311 SW 2nd St.  
Corvallis, OR 97333**

In order to be counted, ballots must be received by close of business on June 21. Totals from electronic and paper ballots will be combined to determine the election winners. Election results will be posted in both stores, online, and in The Scoop.

## Electronic voting provided by



Simply Voting Inc. is a Canadian online voting vendor with a global reach. Nearly 2,000 organizations including unions, municipalities, associations, homeowners associations, student governments, political parties, and more rely on Simply Voting to safely and securely execute their elections.

The Simply Voting online voting system launched in 2003 and is constantly evolving with technology and security innovations. Their reliable infrastructure is built on an enterprise-class cloud computing service powered by high performance IBM hardware.

Their data center is located in a stable mountain zone, safe from natural disasters, staffed 24/7, and all aspects of the operation are monitored by top-notch security. Visit [www.simplyvoting.com](http://www.simplyvoting.com) to learn more about how they run successful elections.

## Electronic Voting Q & A

### **Why is the Co-op using e-voting?**

Our bylaws used to require First Alternative to physically mail a paper ballot to each Owner until recent legislation changed, allowing us to incorporate e-voting. This year we saved the cost of creating and mailing about 8,000 ballots. This also saves labor by requiring fewer hand counts and saves a lot of paper.

### **How do I vote online?**

Owners who have not requested a paper ballot will receive an email invite to vote using their Owner number as credentials. There will be a link to the voting site in the initial email. If we do not have a valid up-to-date email address from you, please request a "Change of Owner Info" form at any register or complete the one on the opposite page and return it on your next shopping trip.

### **How do I know my e-vote was counted?**

You will be taken to a confirmation page and an email will also be sent to you automatically after submitting the ballot.

